



Intake Form (Under 18)

EAP Authorization and name of Provider: _____ Policy Number: _____

Name: _____ Date of Birth: _____ Age: _____

Client Address: _____ City: _____ Zip: _____

School: _____ Grade: _____ Teacher: _____

Parent/ Guardians Information

Name: _____ Parent DOB: _____

Phone: _____ Ok to leave message

Email _____

Email will be used for appointment reminders or scheduling purposes only, not for therapeutic work.

Name: _____ Date of Birth: _____

Phone: _____ Ok to leave message

Email _____

Email will be used for appointment reminders or scheduling purposes only, not for therapeutic work.

Single Married Domestic Partnership Separated Divorced Widowed Other

Are you currently or have plans to enter into the divorce process? Yes No

Legal Custody: Joint Sole None Physical Custody: _____

Other People in Child's Home(s)

Name: _____ m/f Age: _____ Relationship: _____

Name: _____ m/f Age: _____ Relationship: _____

Name: _____ m/f Age: _____ Relationship: _____

Name: _____ m/f Age: _____ Relationship: _____

In case of emergency contact: _____

Phone: _____ Relationship to client: _____

Referred by: _____

Play Therapy Intake Form



Your answers to the following questions may provide additional information that will benefit the counseling sessions. Please answer the questions below as honestly and completely you feel comfortable. All answers will be kept confidential. *Thank you for answering these questions, they will assist me in our work together.*

About current needs...

Please mark any of the areas that is currently or has been a concern about your child:

- | | | |
|--|--|---|
| <input type="checkbox"/> Activity Level | <input type="checkbox"/> Hurting Animals | <input type="checkbox"/> Sadness/ Depression |
| <input type="checkbox"/> Aggression/ Fights | <input type="checkbox"/> Hygiene | <input type="checkbox"/> School Problems |
| <input type="checkbox"/> Alcohol/ Drug | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Self-Harm |
| <input type="checkbox"/> Anxiety/ Worry | <input type="checkbox"/> Irritability/ Anger | <input type="checkbox"/> Separation Anxiety |
| <input type="checkbox"/> Bedwetting | <input type="checkbox"/> Lying | <input type="checkbox"/> Sexual Activity |
| <input type="checkbox"/> Behavior | <input type="checkbox"/> Mood | <input type="checkbox"/> Sleep Problems |
| <input type="checkbox"/> Change in Appetite / Eating | <input type="checkbox"/> Motor Skills | <input type="checkbox"/> Stealing |
| <input type="checkbox"/> Destructiveness | <input type="checkbox"/> Nervous Habits | <input type="checkbox"/> Suicidal Thoughts |
| <input type="checkbox"/> Distractibility | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Suspicious/ Paranoia |
| <input type="checkbox"/> Fears | <input type="checkbox"/> Play Behavior | <input type="checkbox"/> Temper Tantrums |
| <input type="checkbox"/> Fire Setting | <input type="checkbox"/> Potty Training | <input type="checkbox"/> Truancy |
| <input type="checkbox"/> Foster Care/ DHS | <input type="checkbox"/> Relationships with others | <input type="checkbox"/> Weight |
| <input type="checkbox"/> Height | <input type="checkbox"/> Response to Discipline | <input type="checkbox"/> Other: _____ |

Please elaborate on the items selected above:

Briefly describe the concern that brings the child to counseling:

When were the concerns first noticed?

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Describe your child's strengths.

How does the child get along with siblings?

Describe child's relationship with caregivers.

Describe any special activities the family does together.

Please describe your child's temperament.

What are child's interactions with others like?

Does your child have friends? What are those relationships like?

Please describe your child's academic strengths?

Does your child have an IEP or a 504 Plan? No

Has your child worked with the School Counselor? No Yes (dates) _____

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How many times has the child moved/ switched schools throughout childhood? How has the child reacted?

Is there anything else you feel is important for me to know about your child?

Family/ Relationship History (Please check any current struggles.)

- | | |
|--|--|
| <input type="checkbox"/> Death of Family Member/ Pet | <input type="checkbox"/> Physical Health of Family Member(s) |
| <input type="checkbox"/> Differences in Child Rearing | <input type="checkbox"/> Prolonged Absence |
| <input type="checkbox"/> Drinking/ Drug Abuse | <input type="checkbox"/> Separation or Divorce |
| <input type="checkbox"/> Marital Problems | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Mental Health of Family Member(s) | |

Please elaborate on any concerns selected above.

Medical History

Please describe your child's general health.

Are there any medications your child is currently taking/ prescribed?

Please describe any serious illnesses, accidents, or injuries.

Please describe any conditions that require regular medical care.

Has your child previously or currently in therapy or under the care of a psychologist/psychiatrist?

Yes No Agency / Professional: _____

Dates: _____ Type: _____

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What was your child's birth weight?

_____ lbs. _____ oz. Unknown

Was delivery normal? Yes Unknown

No (specify) _____

Did the birth mother experience any physical or emotional problems during pregnancy?

No Unknown

Yes (specify) _____

Did the birth mother consume alcoholic beverages or abuse any street drugs during pregnancy?

No Unknown

Yes (specify) _____

Did the baby experience any problems immediately after birth? No Unknown

Yes (specify) _____

Did caregivers feel bonded to child throughout infancy? Yes

No (specify) _____

Has your child ever required hospitalization?

No

Yes (specify) _____

Is there any history of physical, sexual or emotional abuse? No Unknown

Yes (specify) _____

Is there a history of prolonged separations or traumatic events? No

Yes (specify) _____

Any disruptions in child's caregiving relationships?

No

Yes (specify) _____

How would you describe your child's approach to new situations?

Positive, jumps right in

Withdrawn, tends to not participate

slow to warm up, cautious

How would you generally describe your child's overall mood?

Positive (happy, laughing, upbeat, hopeful)

Negative (depressed, cranky, angry, hostile)

Mixed but more positive than negative

Mixed but more negative than positive

At what age did your child do the following:

(Parenthesized areas reflect normal development)

_____ smiled (6 months)

_____ sat alone (6 to 10 months)

_____ talked in sentences (30 to 36 months)

_____ walked by self (12 months)

_____ held head up (3 to 4 months)

_____ fed self (2 years)

_____ crawled (6 to 10 months)

_____ rode a bike (6 years)

_____ rolled over (6 months)

_____ talked in single words (18 to 24 months)

_____ pulled self-up (6 to 10 months)

_____ established toilet training (2 ½ to 4 years)

Would you say your child enjoys school? Yes

No (specify) _____

Is your child currently receiving special services in school? No

Yes (specify) _____

Has your child ever failed a class or been held back for academic reasons? No Yes (specify grade)

Is your child expected to pass this school year?

Yes No